

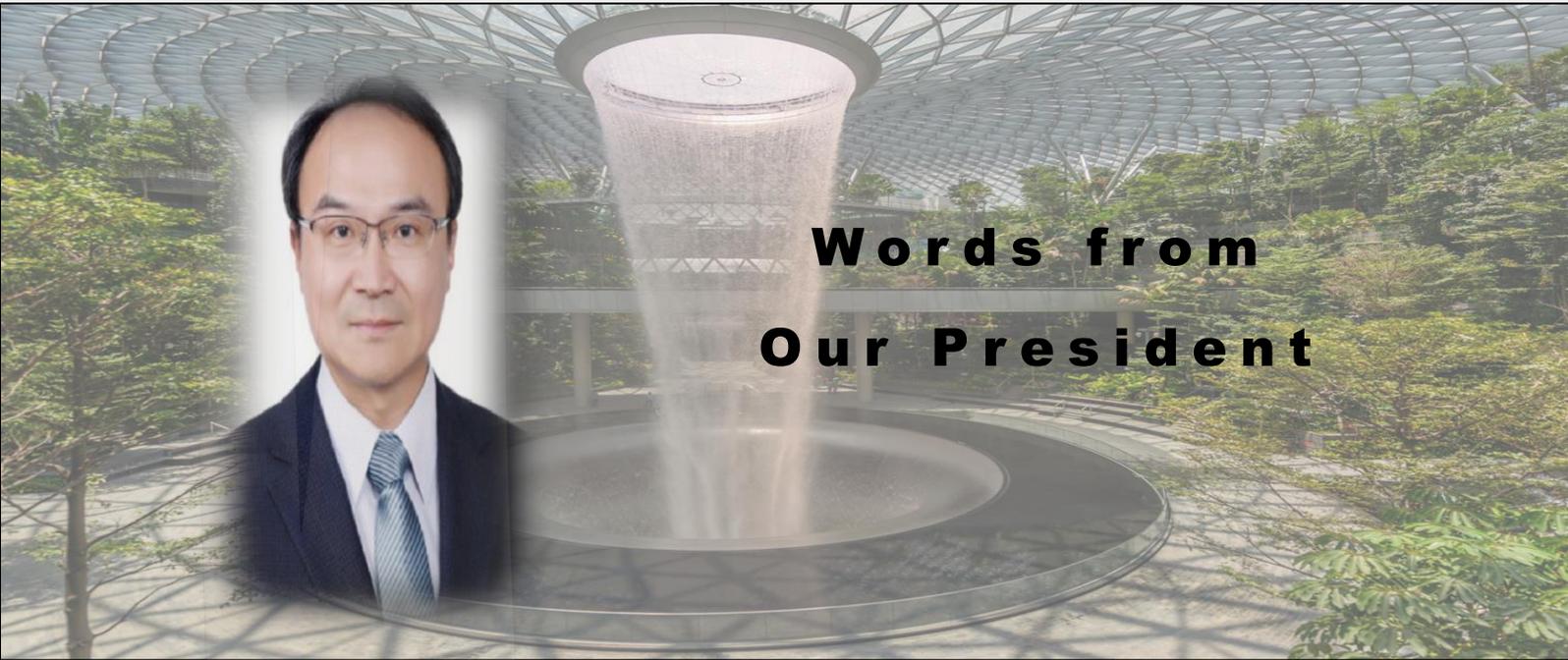
**THE 10th MEETING OF ASIAN FEDERATION
OF FOOT AND ANKLE SURGEONS**

DATE:

OCTOBER 30TH – NOVEMBER 1ST 2025

VENUE:

SINGAPORE



Words from Our President

Dear Colleagues,

On behalf of Asian Federation of Foot & Ankle Surgeons, I sincerely welcome every one of you to join this big family. As this issue of AFFAS Newsletter is prepared by Singaporean Foot & Ankle Society, I want to express my deepest appreciation to President Ken Jin Tan, Dr. Tang Zhi Hao and their dedicated team for their hard work in making this Newsletter a success. With each edition, we have witnessed the evolution of our Newsletter, presenting a diverse range of content including scientific articles including rare case reports and groundbreaking original research papers in the field of foot and ankle surgery.

I would like to congratulate Professor Jin Woo Lee on his great success of hosting 2024 IFFAS meeting in Seoul. His great team has showed us what a successful academic meeting should be! And I am also honoured to inform you that the upcoming 10th AFFAS meeting will be held in Singapore in Oct. 2025. This meeting will be hosted by Dr. Keen Wai Chong. I want to thank Dr. Chong for his effort in preparing this AFFAS meeting. This conference promises to be a remarkable gathering of distinguished foot and ankle surgeons from around the world. And it will offer a unique platform for collaboration and the exchange of innovative ideas about foot ankle surgery. Please book mark this event in your schedule and encourage your colleague to attend this meeting.

See you all in Singapore!

Best regards,
Peng Ju Huang
President of AFFAS



Welcome to AFFAS 2024!

Dear Colleagues,

It is with great honour that Singapore has been selected as the host country for the scientific meeting of the 10th Asian Federation of Foot & Ankle Surgeons. It is also a great responsibility to ensure that the meeting will live up to the high standards achieved by President Huang Peng-Ju in the most recent 9th AFFAS in Kaohsiung.

After consultations with the AFFAS country councils during our recent council meeting in Seoul, it was decided that the best dates will be from October 30th to November 1st 2025. As such, we have started preparations.

As I am also the President of the Singapore Orthopaedic Association in 2025, the 10th AFFAS meeting in 2025 will be held in conjunction with the Singapore Orthopaedic Association 46th Annual Scientific Meeting. The theme of the ASM will be on the Foot and Ankle. I have also managed to obtain preliminary approval from AO Asia Pacific to hold a concurrent AO Trauma Foot & Ankle Symposium. In addition, I also plan to have a pre-congress cadaveric workshop in Foot & Ankle arthroscopy and sports medicine. All these events will be held in and around October 30th to November 1st 2025. Please make a date on your calendars.

With the many academic activities, it is my hope that the 10th AFFAS will be well attended and supported by all our Asian colleagues, from senior surgeons to residents. There will be something for everyone.

CHONG Keen-Wai
Vice President, Singapore Orthopaedic Association
President, 10th AFFAS Meeting



ACADEMIC SECTION 1

ORIGINAL RESEARCH

Early Radiographic Outcomes of Minimally Invasive Distal Metatarsal Osteotomies with the Spear Plate in Asian Patients for Hallux Valgus Correction

Zhi H Tang¹, Keen W Chong², Chi S Chong³

Received on:

30 June 2023; Accepted on: 15 September 2023; Published on: 30 December 2023



The highlight of this paper is to introduce a minimally-invasive technique in hallux valgus correction with the use of intramedullary plate fixation.

Percutaneous hallux valgus correction with screw fixation has gained popularity over recent years. Stable fixation would depend on an “in-out-in” screw engaging the lateral cortex of the metatarsal bone. Placement of the screw can be technically demanding.

Use of intramedullary implant to stabilise the osteotomy in a minimally invasive fashion can be an useful alternative, providing a stable construct.

In this paper, we report improvement in hallux valgus angle, inter-metatarsal angle as well tibial sesamoid position in a series of Asian patients who had undergone hallux valgus correction using the Spear plate.



Clinical photo of the same patient's right foot at 6 weeks



Above postoperative radiograph of the left foot of a patient who had undergone bilateral surgery at 3 months

ACADEMIC SECTION 2

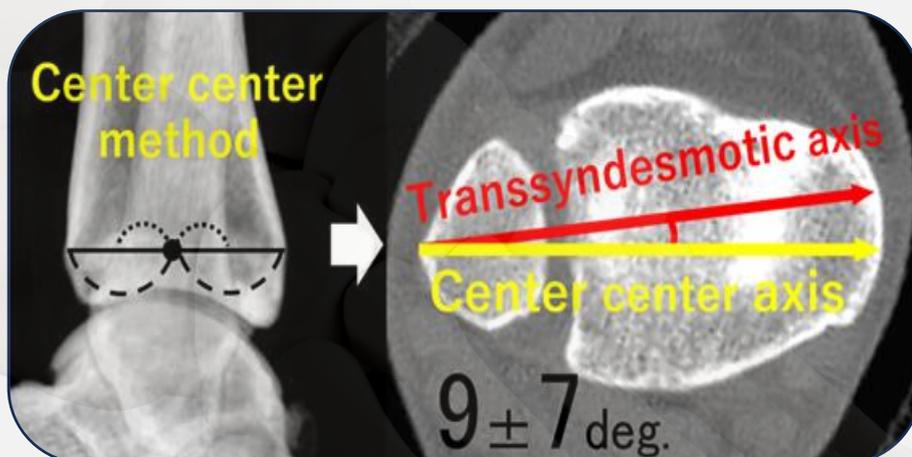
Validity of the Center-Center Method for the Syndesmotic Fixation Axis Compared to the Transsyndesmotic Axis.

Nakajima H, Yamaguchi S, Kimura S, Mikami Y, Watanabe S, Toguchi K, Ito R, Sakamoto T, Sasho T, Ohtori S

Foot Ankle Int. 2023 Nov;44(11):1166-1173. doi: 10.1177/10711007231198818. Epub 2023 Sep 26

Placement of clamp forceps along the trans-syndesmotic axis reduces the risk of iatrogenic syndesmotic malreduction during ankle fracture surgery with tibiofibular diastasis. However, determining the transsyndesmotic axis is challenging intraoperatively.

This study assessed the difference between the transsyndesmotic axis and the axis determined by an intraoperative fluoroscopic center-center technique using digitally reconstructed radiographs. We found that the transsyndesmotic axis was externally rotated to the center-center axis in the axial plane. We also found that the difference between the two axes was smaller when the center-center technique was applied closer to the ankle joint. These findings can assist surgeons in accurately placing syndesmotic clamping and subsequent fixation along the transsyndesmotic axis for optimal results





UPCOMING EVENTS

August 24th, 2024
Saturday

Taiwanese Orthopaedic Foot and Ankle Society Annual Meeting
Taipei Tze Chu Hospital, New Taipei City, Taiwan

September 8th, 2024,
Sunday

KFAS Symposium, Orthopaedic Physicians Practicing
The K-Hotel, Seoul Korea

October 10th – 12th, 2024
Thursday - Saturday

Singapore Orthopaedic Association
Grand Copthorne Waterfront Hotel, Singapore

October 17th – 19th, 2024
Thursday - Saturday

The 68th Annual Congress of KOA
Swiss Grand Hotel Convection Center, Seoul

October 26th -27th, 2024
Saturday - Sunday

Annual Meeting of the Taiwan Orthopadic Association
Taipei Marriott Hotel, Taipei, Taiwan

November 4th, 2024
Monday

Silent Mentor Program: 2024 Foot and Ankle Cadaver Surgical Skill Course
Medical Simulation Center. Tzu Chi university, Hualien, Taiwan

November 7th· 8th, 2024
Thursday - Friday

The 49th Annual Meeting of The Japanese Society for Surgery of The Foot
Tokyo, Japan

November 15th -16th,
2024 Friday - Saturday

The Annual Congress of Korean Foot and Ankle Society
Swiss Grand Hotel Convection Center, Seoul

Oct 30th – 1st Nov, 2025
Thursday - Saturday

The 10th Meeting of ASIAN Federation of Foot and Ankle Surgeons
Singapore



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Vice President

Chong Keen Wai (Singapore)

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