

Self-administered foot evaluation questionnaire (SAFE-Q) (Please read the following before using SAFE-Q.)

Self-administered foot evaluation questionnaire (SAFE-Q) is the world's first self-administered evaluation questionnaire in the foot ankle joint area independently developed by the Japanese Orthopedic Association and the Japanese Society for Surgery of Foot. It can be used by anyone regardless of the disease and even by healthy people as long as it concerns the foot and ankle areas.

Please refer to following Papers 1 and 2 for details on the development background of SAFE-Q and the psychometric verification results for "validity" and "reliability."

In the future, most clinical research methods will be prospective, and subjective evaluations using SAFE-Q, etc. are expected to become essential for the evaluation of treatment results. One of the likely challenges faced then will be inconsistency with conventional objective evaluation methods such as the JSSF Scale. However, objective evaluation does not always match subjective evaluation. Consequently, both JSSF Scale and SAFE-Q must be used to enable objective and subjective reviews and evaluations until the concept of treatment outcome evaluation is established.

For copyright protection, please clearly cite the following three studies in presentations and papers using SAFE-Q:

1. Hisateru Niki, Shinobu Tatsunami, Naoki Haraguchi, Takafumi Aoki, Ryuzo Okuda, Yasunori Suda, Masato Takao, Yasuhito Tanaka. Validity and reliability of a self-administered foot evaluation questionnaire (SAFE-Q). J Orthop Sci, 2013 ; 18 :298-320.
2. Hisateru Niki, Shinobu Tatsunami, Takafumi Aoki, Ryuzo Okuda, Yasunori Suda, Masato Takao, Yasuhito Tanaka. Committee report. Committee on Rating Standards for Foot Disease of the Japanese Society for Surgery of the Foot. Self-Administered Foot Evaluation Questionnaire (SAFE-Q). J Orthop Sci, 2013 ; 87(5) :451-487.
3. Hisateru Niki, Naoki Haraguchi, Takafumi Aoki, Hiroko Ikezawa, Kazuo Ouchi, Ryuzo Okuda, Masataka Kakihana, Hiroaki Shima, Yasunori Suda, Masato Takao, Yasuhito Tanaka, Kota Watanabe, Shinobu Tatsunami. Responsiveness of the Self-Administered Foot Evaluation Questionnaire (SAFE-Q) in patients with hallux valgus. Journal of Orthopaedic Science 22 (2017) 737-742.

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